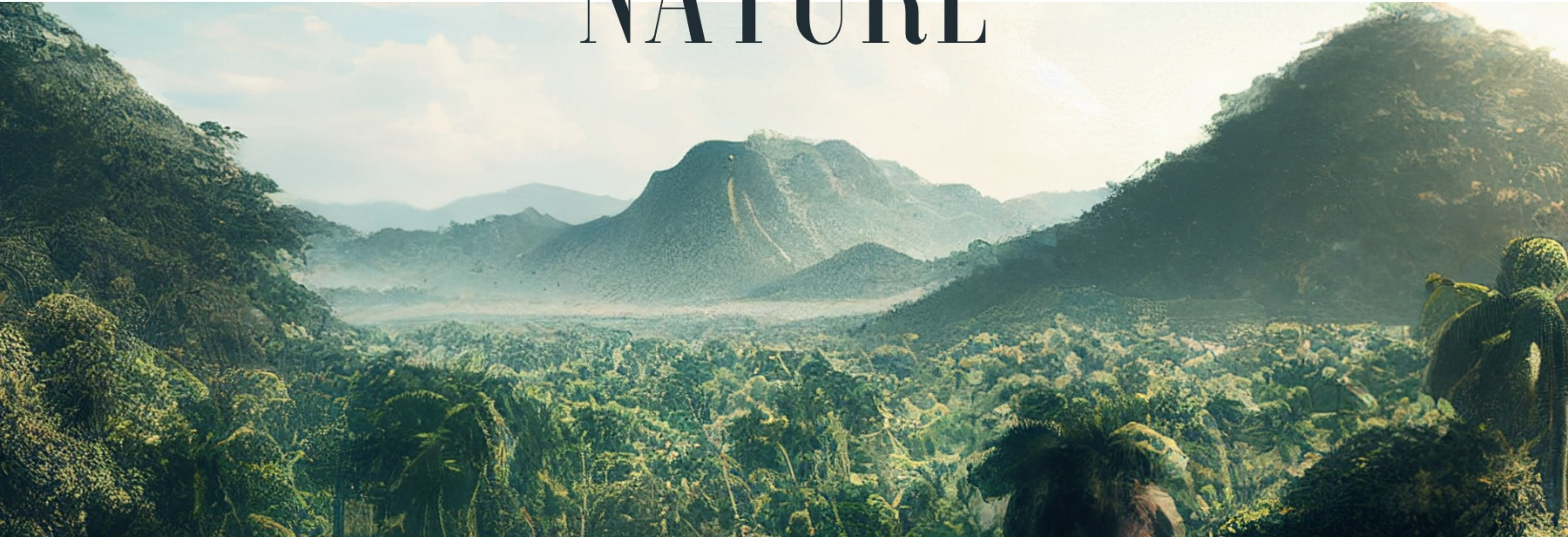


 HERBAL HILLS

# BACK TO NATURE



## GREEN FOOD SUPPLEMENT

PRODUCT CATALOGUE

## Wheatgrass Tablet / Powder

60 Tab / 100gm



### Ingredients:

Wheatgrass powder

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

**Powder:** Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- Abundant in Vitamins and Minerals
- Supports Healthy Detoxification
- Helps in providing Energy
- Assists in Digestive Wellness

## Alfalfa Tablet / Powder

60 Tab / 100gm



### Ingredients:

Alfalfa powder

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

**Powder:** Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- Daily dose of Nutrients
- Supports Joint Health
- May Supports Hormonal Balance
- Helps in maintaining healthy iron levels

## Barley Grass Tablet / Powder

60 Tab / 100gm



### Ingredients:

Barley Grass powder

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

**Powder:** Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- May help to reduce Constipation
- Natural Antioxidant Properties
- Supports Natural Weight Management
- Helps by providing Energy and Vitality

## Spirulina Tablet / powder

60 Tab / 100gm



### Ingredients:

Spirulina powder

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

**Powder:** Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- Nutrient-Rich Superfood Supplement
- High Protein Content for Muscle Support
- Helps to Improve Energy
- Supports immune health

## I Vegie Tablet

60 Tablets



### Ingredients:

Spinach, Beetroot, Barley Grass

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

**Powder:** Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- An excellent combination for daily nutritional requirements
- Contains powerful antioxidants
- May act as a detoxifier & Immunity booster
- May help in improving energy levels

## Dudhi Tablet / powder

60 Tab / 100gm



### Ingredients:

Dudhi powder

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

**Powder:** Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- Helpful in maintaining healthy weight
- Rich source of fiber and other essential nutrients
- Helpful in constipation and to improve bowel movements
- Supports in improving Liver functions

## Moringa Tablet / Powder

60 Tab / 100gm



### Ingredients:

Moringa powder

### Dosage :

**Tablets:** Take 1 Tablet twice daily, preferably after meals or as recommended by a Healthcare Practitioner.

For better results it should be taken with warm water

**Powder:** Take 3 gms powder, 1 to 2 times a day or as advised by the physician.

### Benefits

- Nutrient-Rich Superfood
- Antioxidant Support for Overall Well-being
- Supports Healthy Joint Wellness
- Helps to Improve Skin Health



## Green vegie Tablet / Powder

60 Tablets / 100gm



### Ingredients:

Wheatgrass, Alfalfa, Barley Grass, Spirulina. Proprietary Herbal Blend of Tulsi, Pippali, Ashwagandha, Turmeric, Amla

Digestive enzyme blend, Flax seeds, Sunflower seeds, Sesame seeds, Ajma seeds, Methi seeds

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

**Powder:** Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- Unique blend of Green Superfoods, Herbs & Seeds
- Helps in Digestion & Metabolism
- May Improve Energy and Stamina
- Helps to Improve Immune Health

## Veggie Tablet / Powder

60 Tablets / 100gm



### Ingredients:

Spinach, Beetroot, Carrot, Parsley, Methi leaves, Cabbage. Proprietary Herbal Blend of Tulsi, Pippali, Ashwagandha, Turmeric, Amla, Super Digestive enzyme blend, Methi seeds & Ajwain

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

**Powder:** Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- Rich source of dietary fiber
- Acts as an excellent tonic for the eyes, skin and nerves
- Has antioxidant properties, may help to improve immunity
- May help manage healthy lipid levels