



Ayurvedic Medicine

WOMEN'S HEALTH

Product Catalogue

WOMEN'S HEALTH



Irregular menstrual cycle

Femoplus Soft Gelatin Capsule

30 Capsules



Femoherbo Syrup

500ml



Lower back pain

Femo FP Capsule

60 Capsules



Femo ultra Capsule

60 Capsules



Hormonal imbalances

Her Balance Tablet

15 Tablet



Shatavari Kalp

300gm



Femo Fizz

15 Tablet



Femoplus Soft Gelatin Capsule

30 Capsules



Composition :

Each Soft Gelatin Capsule contains Ghruta 500 mg which consists of :		
<u>Quath Dravya of</u>		
Shatavari	(Asparagus racemosus)	38.45 mg
Ashoka	(Saraca indica)	76.90 mg
Kumari	(Aloe barbadensis)	38.45 mg
Nagkeshar	(Messua ferrea)	38.45 mg
Lodhra	(Symplocos racemosus)	115.40 mg
Yashthimadhu	(Glycyrrhiza glabra)	38.45 mg
Dashmoola	(Generic preparation)	76.90 mg
Mudgaparnee	(Phaseolus trilobus)	38.45 mg
Mashparnee	(Teramnus labialis)	38.45 mg
Processed by the method of SIDDHA GHRUTA in		
Cow Milk		500 mg
Go-ghruta		500 mg
Permitted colours used in capsule shell		

Benefits:

- Natural Women's Care Formula
- Helps to improve daily energy
- May Help in maintaining Hormonal Balance
- May help in relieving Menstrual pain and discomfort

Dosage: Take 2 soft gel capsules daily in the morning or as recommended by the physician. It should ideally be taken on empty stomach before meals. For better results it should be taken with warm water.

Femo FP Capsule

60 Capsules



Composition :

Each 450mg capsule Contains

Shatavari root powder	(Asparagus racemosus)	58.24mg
Ashoka bark powder	(Saraca asoka)	82.33mg
Kumari leaves powder	(Aloe barbadensis)	41.17mg
Guduchi stem powder	(Tinospora cordifolia)	51mg
Lodhra bark powder	(Symplocos racemosa)	55.51mg
Renuka seed powder	(Vitex negundo)	102mg
Nagkeshar stamen powder	(Mesua ferrea)	7.17 mg
Yashtimadhu root powder	(Glycyrrhiza glabra)	7.17 mg
Dashamoola root powder	(Generic preparation)	14.33 mg
Mudgaparnee whole plant powder	(Phaseolustrilobus)	7.17 mg
Mashparnee whole plant powder	(Teramnuslabialias)	7.17 mg
Haridra (turmeric) rhizome powder	(Curcuma longa)	5.59 mg
Triphala powder (pericarp of amla, harde, baheda)	(Mix of emblica officinalis, terminalia chebula, Termianalia bellerica)	5.58 mg
Nagarmotha rhizome powder	(Cyperus scariosus)	5.57 mg
Bhavana Dravya:		
Cow ghee		qs
Cow milk		qs
Excipient		qs

Benefits

- May help in nourishes female reproductive organ
- May help in improving female fertility
- May help in various gynecological and menstrual problems like heavy, irregular and painful periods
- Enhances skin and hair health

Dosage: Take 1 capsule twice daily, preferably after meals or as directed by physician.

Femo ultra Capsule

60 Capsules



Composition :

Each 400mgcapsule Contains

Lodhra powder	(Symlocos racemosa)	95mg
Dashamoola root powder	(Generic preparation	75 mg
Ashoka powder	(Saraca asoka)	50mg
Kumar powder	(Aloe barbadensis)	43mg
Yashtimadhu powder	(Glycyrrhiza glabra)	37mg
Mashparnee powder	(Teramnuslabialias)	30mg
Shatavari powder	(Asparagus racemosus)	25mg
Mudgaparnee powder	(Phaseolustrilobus)	25mg
Nagkeshar powder	(Mesua ferrea)	20mg
Excipient		qs

Dosage: Take 1 capsule twice daily, preferably after meals or as directed by physician.

Benefits

- May help in nourishes female reproductive organ
- May help in improving female fertility
- May help in various gynecological and menstrual problems like heavy, irregular and painful periods
- Enhances skin and hair health

Femoherbo Syrup

500ml



Composition :

Each 15 ml dose of Femohills Syrup contains		
Ashoka Powder	(<i>Saraca asoca</i>)	225mg
Shatavari Powder	(<i>Asparagus racemosus</i>)	67.5mg
Lodhra Powder	(<i>Symplocos racemosa</i>)	52.5mg
Guduchi Powder	(<i>Tinospora cordifolia</i>)	225mg
Triphala Powder	(<i>Generic preparation</i>)	180mg
Sunthee Powder	(<i>Zingiber officinale</i>)	67.5mg
Fennel Seed Powder	(<i>Foeniculum vulgare</i>)	82.5mg
Yashtimadhu Powder	(<i>Glycyrrhiza glabra</i>)	75mg
Amla Powder	(<i>Emblica officinalis</i>)	75mg
Garcinia Powder	(<i>Garcinia cambogia</i>)	37.5mg

Dosage: Take 15ml twice daily - before breakfast & before dinner.

Benefits:

- Natural Women's Care Formula
- May Help to Maintain Menstrual Health
- May improve Energy Levels
- Helps to Improve Skin and Hair Health

Her Balance Tablet

15 Tablet



Composition :

Each 2555mg tablet contains		
Ashwagandha Powder	(Withania somnifera)	5mg
Ashoka Powder	(Saraca asoca)	100mg
Shatavari Powder	(Asparagus racemosus)	175mg
Lodhra Powder	(Symplocos racemosa)	100mg
Manjistha Powder	(Rubia cordifolia)	3mg
Punarnava Powder	(Boerhavia diffusa)	5mg
Aloevera Powder	(Aloe barbadensis miller)	125mg
Gokshur Powder	(Tribulus terrestris)	2mg
Garcinia Powder	(Garcinia cambogia)	150mg
Psyllium Husk	(Plantago ovata)	100mg
Mulethi Powder	(Glycyrrhiza glabra)	50mg
Himalayan Pink salt		250mg
Pomegranate Powder	(Punica granatum)	50mg
Red Raspberry Powder	(Rubus idaeus)	125mg
Amla Powder	(Phyllanthus emblica)	225mg
Fennel seed Powder	(Foeniculum vulgare)	225mg
Citric Acid (Lemon Powder)	(Tamarindus indica)	250mg
Tamarind Powder		300mg
Vitamin Premix		225mg
Beetroot Powder	(Beta vulgaris)	5mg
Carrot Powder	(Daucus carota)	5mg
Ginger Powder	(Zingiber officinale)	5mg
Renukabeej Powder		75mg
Excipient		qs

Benefits

- May help to regularize periods
- May balances hormones and supports reproductive health
- May help to improve Stamina and boosts energy
- May helps to boost immunity and promote collagen production

Dosage :

1. Drop one tablet in 200ml of water
2. Wait till the tablet dissolves completely
3. Enjoy the healthy drink

Shatavari Kalp

300gm



Composition :

Each 10gm Powder Contains		
Shatavari powder	(Asparagus racemosus)	3 gm
Elaichi powder	(Elettaria cardamomum)	0.05 gm
Sarkara	(Sucrose)	qs
Excipient		qs

Dosage : 5-10 gms (Approximately 1 to 2 teaspoonful)
twice a daily with milk or water or as advised by
Physician.

Benefits:

- Supports in maintaining of overall health in women
- Beneficial Formula for Lactating Mother
- Helps to Reduce Stress
- Improves Overall Immune Health

Femo Fizz Tablet

15 Tablet



Each 2264mg uncoated tablet contains

Hyaluronic Acid		90mg
Shatavari root extract	(Asparagus racemosus)	50mg
Amla Pericarp Extract	(Emblica officinalis)	50mg
Ashwagandha root extract	(Withania somnifera)	40mg
Pomegranate Fruit Extract	(Punica granatum)	40mg
Ashoka bark Extract	(Saraca asoca)	25mg
L-Glutathione		20mg
Lodhra Bark Extract	(Symlocos racemose)	15mg
Renukabeej Extract	(Vitex agnus-castus)	15mg
Vitamin-Mineral Premix		630mg

Directions for Use : Drop one tablet in 200ml-250ml of water. Wait till the tablet dissolves completely. Enjoy the healthy drink

Benefits:

- FemoFizz contains L-Glutathione and Hyaluronic Acid to promote glowing, youthful skin from within.
- Enjoy a tasty and refreshing strawberry-flavored drink—just drop the tablet in water, no pills to swallow.
- Powered by Ayurvedic herbs like Shatavari, Amla, and Ashwagandha to support hormonal balance and overall wellness.
- Ideal for women of all ages, it helps boost energy, improve skin hydration, and support daily detox.