



Medicated Cow Ghee Formulation

# MEMORY SUPPORT

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**Forgetfulness**



**Difficulty in concentration**



**Stress/  
Anxiety**



**Boredom**



**Poor attention**

## Smruti Plus Soft Gelatin Capsule

30 Capsule



## Smruti FP Capsule

60 Capsule



# Smruti Plus Soft Gelatin Capsule

30 Capsule



## Composition :

Each Soft Gelatin Capsule contains Ghruta 500 mg which consists of :

### Quath Dravya of

|               |                         |           |
|---------------|-------------------------|-----------|
| Brahmi        | (Bacopa monnieri)       | 193.55 mg |
| Jyotishmati   | (Celastrus paniculatus) | 32.25 mg  |
| Vacha         | (Acorus calamus)        | 16.15 mg  |
| Shankhapushpi | (Evolvulus alsinoides)  | 64.50 mg  |
| Mandukparnee  | (Centella asiatica)     | 129.05 mg |
| Guduchi       | (Tinospora cordifolia)  | 64.50 mg  |

Processed by the method of SIDDHA GHRUTA in

|           |        |
|-----------|--------|
| Cow Milk  | 500 mg |
| Go-ghruta | 500 mg |

Permitted colours used in capsule shell

## Benefits

- Supports the concentration level and retention power.
- Helps to balance alertness.
- Helps to calm the mind.
- Helps to relive mental fatigue

**Dosage:** Take 2 soft gel capsules daily in the morning or as recommended by the physician. It should ideally be taken on empty stomach before meals. For better results it should be taken with warm water.

# Smruti FP Capsule

60 Capsule



## Composition :

| Each 450mg Capsule Contains                       |   |          |
|---|---|----------|
| Brahmi whole plant powder                         | (Bacopa monnieri)   | 103 mg   |
| Shankhapushpi whole plant powder                  | (Convolvuluspluricaulis)  | 80 mg    |
| Jyotishmati seed powder                           | (Celatrus paniculatus)  | 40 mg    |
| Ashwagandha root powder                           | (Withania somnifera )   | 34.40 mg |
| Mandukparnee Whole plant powder                   | (Centellaasiatica)  | 58 mg    |
| Turmeric rhizome powder                           | (Curcuma longa)   | 40 mg    |
| Tagar rhizome powder                              | (Valeriana wallichii)   | 68 mg    |
| Vacha rhizome powder                              | (Acorus calamus)  | 3 mg     |
| Guduchi stem powder                               | (Tinospora cordifolia)  | 12 mg    |
| Triphala powder (pericarp of Amla, harde, baheda) | (Mix of emblica officinalis, Terminalia chebula, Termianalia bellerica) | 6 mg     |
| Nagarmotha rhizome powder                         | (Cyperus scariosus)   | 5.60 mg  |
| Bhavna dravya:                                    |   |          |
| Cow ghee  |   | qs       |
| Cow milk  |   | qs       |
| Excipient   |   | qs       |

## Benefits

- Supports the concentration level and retention power.
- Helps to balance alertness.
- Helps to calm the mind.
- Helps to relive mental fatigue

**Dosage:** Take 1 capsule twice daily, preferably after meals or as directed by physician.